

Rank	Kihon	Kata	Kumite
10 th kyu - White	-	-	-
9 th kyu – Yellow	Kibadachi Zenkutsudachi Basic punch Age uke/Soto uke Gedanbarai	Taikyoku Shodan <i>(optional)</i>	Basic 5 step sparring: -Face punch -Stomach punch
8 th kyu – Low Orange	Mae geri Kokutsudachi Uchi uke / Shuto uke	Heian Shodan	Basic 5 step sparring -Stomach kick
7 th kyu – High Orange	Yoko geri keage/kekomi Shuto uchi Blocks with back knuckle	Heian Nidan	Basic 5 step sparring -Side thrust kick -Head strike
6 th kyu – Low Green	Combination attacks Mawashi geri	Heian Sandan	Basic 5 step sparring -Roundhouse kick
5 th kyu – High Green		Heian Yondan	
4 th kyu – Low Purple		Heian Godan	Basic 1 step sparring
3 rd kyu – High Purple	Ushiro geri	Tekki Shodan	
2 nd kyu – Low Brown		Bassai Dai	Free 1 step sparring
1 st kyu – High Brown		Black belt kata*	
1st Dan – Black Belt		Black belt kata*	Randori

All techniques are cumulative, meaning each belt rank is responsible for not only learning new material but also improving mastery of all previous techniques.

*Black belt kata are Jion, Empi and Kanku Dai, selected by the instructor. The kata for 1st kyu and for 1st Dan may be the same or a different kata.

Dan exam must be conducted in cooperation with a higher rank black belt at a larger dojo. Sensei Enriquez is not certified to award a black belt without the assistance of other yudansha.